



LUNDI   MONDAY	MARDI   TUESDAY	MERCREDI   WEDNESDAY	JEUDI   THURSDAY	VENDREDI   FRIDAY
October 30	October 31	1	2	3
	<i>Roast Chicken with Jus Mashed Potatoes Vichy Carrot Fruits</i>	<i>Organic Vegetables &amp; Chickpeas in Coconut Curry Organic Jasmine Rice Organic Roasted Cauliflower Organic Yogurt</i>	<i>Organic Chicken Teriyaki Organic Jasmine rice Organic Broccoli Organic Fruits</i>	<i>Spaghetti Bolognese Haricot vert with butter Organic Baby Green Salad Organic Fruits</i>
6	7	8	9	10
<i>Pasta Gratin Roasted organic mix Vegetables Organic Chefs salad Organic Fruits</i>	<i>Grilled Grass-fed Steak Organic Jasmine rice Organic black beans Organic Yogurt</i>	<i>Cheese quesadilla Roasted Organic Broccoli Organic carrot rapé Organic Fruits</i>	<i>Organic Crispiest Chicken with Orange Sauce Organic Rice Pilaf Organic Green Salad Organic Fruits</i>	<i>Spaghetti Bolognese Haricot vert with butter Organic Baby Green Salad Organic Fruits</i>
13	14	15	16	17
<i>Penne Pasta with Organic Di Pomodoro Organic Mix Vegetable Organic Chef Salad Organic fruits salad</i>	<i>Grilled Grass-fed Steak Organic Jasmine rice Organic black beans Organic Yogurt</i>	<b>NO SCHOOL PARENT TEACHER CONFERENCE</b>	<i>Organic Homemade Buttermilk Fried Chicken Macaroni &amp; Cheese Organic Chef's Salad Organic Seasonal Fruit</i>	<i>Spaghetti Bolognese Haricot vert with butter Organic Baby Green Salad Organic Fruits</i>
20	21	22	23	24
<i>Organic creamy garlic penne Organic Carrot rapé Organic salad Organic Fruits</i>	<i>Grilled salmon Organic Jasmine rice Organic sauteed haricots vert Organic Yogurt</i>	<b>THANKSGIVING</b>	<b>THANKSGIVING</b>	<b>THANKSGIVING</b>
27	28	29	30	December 1
<i>Rigatoni with Organic Tomato Sauce Haricot Vert Organic Salad Organic Fruits</i>	<i>Grilled Grass-fed Steak Organic Jasmine rice Organic black beans Organic Yogurt</i>	<i>Shrimp with Garlic butter Rice pilaf Sauteed Organic Spinach Organic fruits salad</i>	<i>Boeuf Bourguignon with carrots Mashed potatoes Organic Chef's Salad Organic Seasonal Fruit</i>	